

The Influential Factors That Affect Trumpet Playing and Its Solutions

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Abstract

The trumpet, as a kind of normal instrument, is very popular among students, teachers and relevant music workers and lovers. Compared with the playing of other instruments, the trumpet has its uniqueness either in the form of tune or the contents of the music. Trumpet playing not only can demonstrate the softness of music, but also can present the passion and strength of the music. Quite a few music lovers have been working really hard, studying various methods in trumpet playing, in order to develop the specialty of trumpet playing and to play their favorite music. Compared with other instruments, trumpet playing is relatively more complicated which make players can master it accurately, a tiny carelessness in the playing could result in a mistake, which make the whole music discordant. The author impartially analyzes the influential factors which affect the trumpet playing, and propose some opinions and suggestions, for the aim of deducing the mistake in the process of trumpet playing, and improve the lever of playing.

Key words: Trumpet playing; Music; Normal performance influential factors; Reason analysis

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INTRODUCTION

There are various music forms in our daily life, the trumpet has its own uniqueness which is an indispensable

part in the the daily music playing. Trumpet playing not only give beautiful visual and acoustic enjoyment, but also is favorable to the player to vent and express his own feelings and emotion, which moves and shock the listeners. Either the daily practice of trumpet, the preparation before the playing, or trumpet performance are a relatively complicated process. Players should pay attention to daily training to make a solid foundation, and continuously cultivate her or his music quality, to enrich the contents of culture, to make trumpet playing even more beautiful and charming. The trumpet is a kind of instrument which is relatively difficult in playing, the psychology quality determines the performance level on the stage of the player. Consequently, players should constantly enrich the form of expression and the contents of the playing of the trumpet, to seek breakthroughs on herself or himself, to make trumpet playing be liked and accepted by the public.

1. TRUMPET TRAINING

The daily trumpet training is an indispensable homework to trumpets players, trumpet players should pay significant attention to trumpet training, and constantly accumulate relevant knowledge and techniques in playing, to improve her or his own playing level, in order to achieve the expected effect of playing. Relevant trainers should make a rational arrangement in the curriculum and time of trumpet training, to improve the efficiency and quality of trumpet training.

1.1 The Cultivation on the Trumpet Players' Psychology Quality

A good psychology quality is the precondition to trumpet players having a normal playing level and reducing mistake. Consequently, trumpet players should pay attention to the cultivation of self-improvement and psychology quality. First of all, trumpet players should rationally arrange time, to pay attention to the quality of

rest and sleep before the performance, to assure to be energetic in the process of playing; moreover, pay attention to self image, either clothes or make-up should be tidy and appropriate; thirdly, to prepare well before the playing; lastly, trumpet players' attention should be focused in the process of playing, to follow closely with the whole, at the same time, should have the abilities of coping with changes and emergence, to avoid the accidents in the process of playing.

1.2 The Training in Trumpet Playing Skills

Trumpet players should pay significant attention to important effect of daily training in improving the playing level and stage performance, to constantly enhance training. To pay significant attention to the speed and strength in the process of training, to assure the quality of trumpet playing. Meanwhile, the more difficult parts in the process of training should be practiced repetitively, to assure the proficiency of the music, then to practice the whole music repetitively, to be strict to self, in order to achieve the best effect of performance.

In the process of daily trumpet training, pay attention not only in cadence training but also in technique practice, such as, pay attention to the distance of each note in the process of cadence practice, in order to constantly improve the level of playing and the confidence during the playing. In the process of technique practice, pay attention to the combination of various techniques, to achieve the expected effect through repetitive practice, to improve the efficiency and quality of daily trumpet practice.

In the process of daily training, players should not only pay significant attention to the practice and training of the music, but also combine the stage atmosphere to practice when playing music to practice on the stage. Comprehensively considering the likely accidental situations in the process of playing, to be well prepared, to reduce the rate of mistake in the process of playing trumpet, to improve the quality of trumpet playing and the ability of coping with emergence.

1.3 The Arrangement in Trumpet Playing

Taking the situations of all aspects into consideration, the rational layout and arrangement in daily trumpet playing practice is favorable to improve the playing efficiency and playing quality of the trumpet. Trumpet players should not only have a solid professional foundation, but also need to master the rules of trumpet playing, reducing the difficulties in the process of playing. A lot of experienced trumpet players will feel that playing is very easy in the process of daily practice, both the condition of playing and the effect of playing are at the best condition. But sometimes feel that playing is quite difficult. That's a common problem in the process of daily training, players should pay significant attention to the arrangement of training time, comprehensively master the techniques of playing to achieve the best effect of playing.

Trumpet players should choose the type of music to perform in accord with self condition, to avoid choosing the music blindly which leads to bad performance. Players should choose the type of music in accord with the actual playing situation and the level of self ability, to assure rational selection in music and the best effect of playing. Meanwhile, players should choose the places that are similar with the environment of the performance place to practice in daily practice, to make the environment of practice more accord with the environment of performance, to improve the effect of playing. Like the training of other instruments, the daily training of the trumpet is a relatively boring process. Players should have very good psychology quality, to assure the expected effect of training. Heavy training tasks also bring influence to the body, which causes to discomfort, numbness of labial muscle, and affects later playing effect. So players should scientifically arrange the process and time of playing, to have a rational arrangement in training and resting time, in order to reach the best playing effect.

2. THE PREPARATION BEFORE TRUMPET PLAYING

2.1 Psychological and Physical Preparations

Players should pay attention to physical and psychological adjustment before starting trumpet playing, to be prepared well both physically and psychologically. First and foremost, players should maintain a good, confident psychology state and focus on the performance, to constantly make self adjustment, to achieve the best effect with a good psychology state; secondly, to have a good sleep and maintain physical state to avoid the problems caused by personal reason in the process of playing. Meanwhile, players should arrive at the performance spot earlier to do a series of preparation, such as entering into the performance spot. Tone tuning, to assure the performance will go smoothly.

2.2 The Preparation of Staging

Due to the difference of each performance spot in condition, which requires trumpets players to do staging in advance before the performance starts, to be familiar with the scenarios and the setting of sound, light and so on, to avoid bad effects caused by the environmental factors, which impacts on the normal performance of the player. Trumpet players do the early preparation of staging well which is favorable to them adapting to playing environment, to reduce the disturbance caused by the external environment to the trumpet player, which is helpful for them achieving the best playing effect in the process of playing.

Relevant staff should make a rational arrangement on staging, to avoid arranging the time of staging and the performance is in the same day. Meanwhile, should give

players enough time to do staging preparation, let players adequately estimate the accidental situations, and adapt to the playing environment. At the same time, by doing those things and preparation also avoid the mess of the performance caused by inadequate preparation of staging, and can avoid all kinds of uncertain factors and unknown situations from happening, which are disturbance to the player and impact the performance, consequently, they can not achieve the expected playing effect.

2.3 Preparations Before the Performance

When the performance is about to start, players always have an adequate preparation before the playing commences, which can assure the effect and quality of the performance. According to experience which shows that to give adequate time to players letting them prepare the music well that they are going to play, can help them achieve significant and remarkable excellent performance effect. The condition, which can not only improve the self-confidence of the player, but also is favorable to achieve the best effect of performance.

The activities of preparation to trumpet player are combined by the preparation that is before the practice and the preparation which is before stepping on the stage. The activities of preparation that the author is talking about refer to the preparation which is before the performance on the stage. Players generally feel nervous when playing on the stage. Consequently, the preparation before performing on the stage is quite necessary and undoubtedly important to trumpet players. The time of preparation before stepping on the stage should not be too long, so it would not have a bad effect on the later performance. The time of preparation before stepping on the stage should depend on the actual situation, normally the preparation time is between 10 to minutes, not only can players have enough time to prepare, but also 10 to 15-minute-long preparation will not consume their too much energy, which is favorable to them achieving the best performance effect. In the preparation before stepping on the stage, the psychological burden of the player should be reduced, to make sure that they have a relaxing mood, in order that they can have sufficient confidence to cope with the performance on the stage.

3. THE FACTORS THAT AFFECT THE TRUMPET PLAYING

3.1 The Instrumental Factors That Influence Trumpet Playing

Either violin players, guitar players, or trumpet players, they all are keen on instruments. The quality of the instrument and all the parts of the instrument functioning well is the foundation to assure the instrument having a normal performance. Thus, players are supposed to maintain the trumpet regularly, such as wiping, washing and so on, to avoid problems caused by the instrument

itself which affect the performance going smoothly. If players don't pay significant attention to maintenance of the instrument, there might occur problems in playing caused by dust plugging in the process of playing. There is a fluent relation of interaction between the player and her or his instrument after a long period of time. Trumpet players should use her or his own instrument in the process of playing, and avoid changing their own instruments with others, which affects the performance level. Because one will be familiar with his instrument and feel comfortable while using it. Trumpet player should not only love their own instruments, but also build a relation of coordination with the instrument, in order to improve the quality and efficiency of playing.

3.2 Physical Factors That Influence Trumpet Playing

Trumpet players not only should pay significant attention to the playing quality and mental state of the day when they perform trumpet playing, but also should have a practice habit and rest habit in the process of daily instrument practice. Trumpet players are supposed to allot rationally their daily time, on the base of keeping a nutritious diet, to rationally arrange a day's time. In daily life, players should pay attention to the combination between playing and rest. To have enough sleep time and proper rest time, to form a good healthy habit, in order to improve the quality and efficiency of trumpet playing. In the process of playing, many players make mistakes in the process of trumpet playing because of insufficient sleep time and other physical factors.

Players should pay significant attention to rationally arranging the time, and also should have a rational diet which is beneficial to themselves. To assure that everyday has enough time to rest and a rational diet, to make sure to give the best condition in the daily practice. To treat each practice as the performance on the stage, in order to assure the quality and efficiency of daily trumpet playing. Moreover, in the spare time of daily practice, significant attention should be given to proper physical training, to make sure having a energetic body and a good health condition, consequently to be energetic all the time when playing on the stage and to be in the best condition throughout the playing, to assure the general playing quality, to improve the level of trumpet playing.

3.3 The Psychology Factors That Affect Trumpet Playing

Trumpet players should have a good psychology quality, in order to make sure to be able to achieve the normal playing level at any performance spot. At present, a large number of trumpet players' psychological quality is not qualified, as a consequence, they feel over nervous in the process of playing, which leads to a variety of mistakes in the process of playing and is not advantageous to achieving their normal playing level, which put trumpet playing in a difficult situation. Either trumpet players or

trumpet teachers, both should pay significant attention to construction of psychology quality, to cope with the daily playing with a relaxing mood, to the accidents and mistakes in the process of playing, trumpet players should deal with them with a calmness. At the same time, trumpet players should not give too much pressure to themselves, either in the process of daily playing, or before the performance on the stage, proper reading or doing some physical exercise can distract one's attention, in order to make the mood feel relaxed, to perform with best condition, to maintain a positive attitude and healthy mood at all time, thus, trumpet players are able to overcome the psychological barriers in the process of playing, which helps players achieve the normal playing level.

4. THE METHODS AND MEASURES THAT ASSURE TRUMPET PLAYING EFFECT

4.1 Pay Attention to the Cultivation on Players' Psychology Quality

A solid foundation in trumpet playing is the basic skill that trumpet players must to master. Trumpet players should pay attention to the cultivation of self psychology quality while paying attention to the practice and cultivation of basic skills. Trumpet players are supposed to constantly cultivate the abilities of adapting to the new changing environment and of coping with the emergency situation. Players should constantly improve personal psychology quality, which allows players to adapt to the playing environment and eliminate all the disturbance in the process of playing, in order to assure the best effect of performance. At the same time, players should cope with emergency situations with a positive and calm attitude, in order to make sure the playing going smoothly. A good psychological condition is not only helpful to players easing the nervousness in the process of playing, but also can reduce the pressure of playing on trumpet players, which significantly improve their playing effect, to make sure that trumpet playing can go well, beside that, the mistake in the process of playing can effectively be avoided. In order to improve the playing level and playing quality, to let players express their true feeling, which can help players receive unexpected playing effect.

4.2 Pay Significant Attention to the Basic Skills of Trumpet Playing

Trumpet players should pay attention to the practice of basic skills in the process of daily practice, to reduce the error rate to the lowest level. At the same time, players should also recognize the importance of breath, cadence, intonation and so on to trumpet playing, to emphasize on the basic skills in the daily practice, to make a solid foundation for trumpet playing.

Breath is one of the basic skills to trumpet playing. Players should value the practice and master of breath in the process of daily practice, to assure the quality of trumpet playing with the correct and scientific breathing method. Players should constantly enhance breathing exercise in the process of daily training, to improve the breathing skill in the process of playing, to improve constantly improve personal playing level, in order to achieve the best playing effect. At the same time, Players should also pay significant attention to the master in cadence in the process of playing. To cultivate the sense of cadence through strengthening daily training in cadence, thus, players have a strong awareness in cadence. However, in the process of daily practice, many trumpet players just advocate the speed of learning without caring the rational master in cadence, which results in a variety of problems in the process of trumpet playing, it is not favorable to the player to form a good playing habit. Moreover, players should also value the practice in long-tones and intonation in the process of daily practice, to form and good practice habit and playing habit, to reduce the error of playing on the stage, to maximally assure playing efficiency and quality.

CONCLUSION

With the improvements of social development and educational level, people's appreciation awareness in music is constantly enhanced. Trumpet players should strengthen the cultivation in personal professional quality, to constantly enhance the rationality and efficiency of daily training, in order to improve personal playing level. Meanwhile, players should also recognize the effect and influence of physical factors and psychological factors in trumpet playing, to have enough sleep and value the importance of balanced and nutritious diet in the process of daily training. What's more, trumpet players should strengthen personal psychology quality, and overcome the nervousness in the process of playing, to present the best playing with the best condition on the stage, to ensure trumpet playing going well and guarantee the best playing condition and effect.

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